



Graham Hill ES students in grade 3 practicing moves in DISCOVER DANCE residency. Photo by Joseph Lambert.

Arts Uplift!

Arts, Culture, and SEL in PreK-Grade 3

**A FREE virtual conference for educators, teaching artists,
and leadership across Washington State**

August 3-5, 2021

Conference Partners



WASHINGTON STATE
ARTS COMMISSION



Washington Office of Superintendent of
PUBLIC INSTRUCTION



WASHINGTON STATE
TEACHING ARTIST TRAINING LAB

We acknowledge that we are on Indigenous land.
We thank the caretakers of this land, who lived, and continue
to live here Since Time Immemorial.

[Learn more about *The Since Time Immemorial:*
Tribal Sovereignty in Washington State curriculum](#)

SCHEDULE AT A GLANCE

August 3 – 5, 2021 | 9am to 1pm

	AUGUST 3	AUGUST 4	AUGUST 5
	15-min pre-event playground	15-min pre-event playground	15-min pre-event playground
9 am	Welcome & Announcements	Welcome & Announcements	Welcome & Announcements
	Opening Keynote with Dr. Bre	Keynote with Dr. Adeyemi Stembridge	Beat of a Different Drum: Music and Drama Strategies for Children with Special Needs Family Engagement & Cultural Responsiveness Compromiso Familiar y Capacidad de Respuesta Cultural
10 am	20-minute Art Break	20-minute Art Break	20-minute Art Break
	Intro to Arts Integration	Community of Movers: Encouraging and Managing Thoughtful Movement in the Classroom	Arts Integration in STEM
11 am	PAUSE for Presence: The Art of Healing -Centered Social Change with Dr. Bre	What Do I Want Students to Feel?: The Art and Science of Leveraging Emotion in Culturally Responsive Learning Experiences with Dr. Stembridge	Finding Hope: P-3 and Art Pathways
	Exploring the OSPI Social Emotional Learning Pathways Tool	Amplifying our Power Through Hands-on Making	20-minute Art Break
12 pm	20-minute Art Break	20-minute Art Break	Closing Keynote with Dr. Bre
	Closing & Appreciations	Closing & Appreciations	Closing & Appreciations
1 pm	15-min post-event playground	15-min post-event playground	15-min post-event playground

CONFERENCE NOTES & FAQs

Zoom Link

To receive the Zoom link to this all-remote conference, please register by clicking the “Register Now” button here <https://www.arts.wa.gov/arts-uplift/>. Registration must be completed by Sunday, August 1st at midnight. The link will be emailed the week before the conference.

Your Participation

We invite you to participate as your full self and to the best of your ability. We acknowledge that conference participants are likely attending from homes or other personal space. Attendees may activate or deactivate their cameras as needed. We request you mute your microphone unless you are speaking.

Conference sessions and workshops will not be recorded for viewing later. Small segments of the conference will be recorded for archival and marketing purposes. Attendees will be notified before any recording occurs.

Playground

The Zoom meeting will open 15-minutes before the start of each conference day and 15-minutes after each day adjourns. Attendees are welcome to join the meeting early (8:45-9:00am) to check technology and get settled, and to stay online afterwards (1:00-1:15pm) to network or ask questions.

Art Breaks

Each conference day everyone will be invited to participate in two art breaks led by TAT Lab faculty and alumni. These are short opportunities for joyful, connective, and reflective art experiences. You will learn a variety of art forms that you could use with early learners in your own settings.

These breaks are a great time to practice self-care or step away from the computer.

Art Supplies Needed?

A few workshops have a list of materials to have on hand so you can fully participate in their planned activities. Materials are listed in the workshop descriptions and are not necessary for participating. The following workshops and art breaks have material lists:

- **Intro to Arts Integration** on Aug 3, 10:30-11:30am
- **Art Break** on Aug 4, 10:10-10:30am
- **Amplifying our Power Through Hands-on Making** on Aug 4, 11:30am-12:30pm

Arts materials listed include:

- *Paper to draw on*
- *Paper to cut shapes from (post-its, newspaper, magazines, colored papers, lined paper)*
- *Sturdy paper or thin cardboard (inside of a cereal box, folded paper bag, file folder)*
- *Scissors*
- *Pen or pencil*
- *Coloring tools (colored pencils, pens, watercolor paints, markers, crayons)*
- *Glue stick or tape*
- *Optional: a black pen or sharpie, a ruler*

Presentation Materials

Each afternoon participants will be emailed a link to a Dropbox folder that contains presentation materials from that day's workshops. These materials may include slides, handouts, or other documents that presenters would like to share with participants. The link will be sent to the email address associated with the participant's registration.

Clock Hours / STARS Hours

Continuing education credits are available for educators attending this conference at no cost.

- Up to 9 Clock Hours are available:
 - Clock Hours registration is handled through PD Enroller. Enroll via PD Enroller at the link below **no later than August 1**.
<https://www.pdenroller.org/ospi/catalog/116400>
 - Coordinators will report which workshops/keynotes you've attended after the conference.
 - Following the event, you will be prompted to fill out the PD Enroller survey to receive your Clock Hours.
- Up to 9 STARS Hours are available:
 - You must provide your full name and STARS ID number to Arts Uplift! Coordinators when you register for workshops.
 - When you log into the Arts Uplift! Conference via Zoom, please make sure your participant name is your first and last name.
 - Coordinators will report which workshops/keynotes you've attended after the conference.

Questions?

Please email Ann Marie Caldwell, Arts Uplift Planning and Technical Coordinator, at amcaldwell@gmail.com.

AUGUST 3, 2021

8:45am | Playground

The playground will open early so you can get yourself set up.

9:00-10:10am | Welcome & Keynote

Alexis Sarah, *Arts in Early Learning Project Manager, ArtsWA*
Land Acknowledgement w/Guest

Keynote with Dr. Bre

Sit Still & Feel: Our Healing is Our Justice

We can't heal trauma that we pretend does not exist. Let's start the conference off by acknowledging the wounds of the past year and affirming the resilience and tenacity of our educators at all levels of service. Let's begin the work ahead by centering practitioner wellbeing and radically reimagining how individual healing can be a profound catalyst for positive social change. Following the year of "*Stand Up & Speak Out!*" – with soulful candor and personal story, Dr. Bre shares why it's now time for us all... to "*Sit Still and Feel.*" The path ahead requires radical vulnerability, deep listening, and authentic presence. This talk is intended to inspire practitioners to take a moment of presence, reflect on personal healing and center individual well-being in every aspect of teaching and learning. Our healing is our justice.

10:10-10:30am | Art Break with TAT Lab

TAT Lab alumni **Claribel Gross** will guide participants through a **theatre activity**.
Materials needed: *None! Just body, voice, and imagination!*

10:30am-12:30pm BREAKOUT SESSIONS:

Option A – *two back-to-back 60-minute workshops*

10:30–11:30am | Intro to Arts Integration

Grace Washington, *Program Manager, Arts Impact*

What can culturally grounded, standards-based arts integration look like in PreK-Grade 3 classrooms? Culturally grounded arts learning centers the art, traditions and values of the communities in our classrooms while offering global parallels to build cross-cultural understanding. We'll explore how to identify concepts that mean the same thing in the arts as in early literacy, math and STEM. Then we'll engage in a hands-on visual art infused math lesson exploring overlapping geometric shapes to create an imagined environment. Using a variety of found papers in our homes, we'll identify and combine squares, rectangles, triangles and other geometric shapes to create a composition of a special place and the illusion of depth.

Art Materials: *a variety of papers to cut shapes from (post-its, newspaper, magazines, colored papers, lined paper), one piece of sturdy paper or light cardboard (inside of a cereal box, folded paper bag, file folder), scissors and a glue stick.*

11:30am–12:30pm | Exploring the OSPI Social Emotional Learning Pathways Tool: Supporting SEL Through the Arts

Jesi Sucku, *Child Care Aware Specialist / Early Learning Trainer, ESD 112*

Educators agree that social and emotional skills are crucial for school readiness, and are finding more ways to introduce, grow and strengthen these skills in our youngest learners. Recent legislation called for creating and implementing a statewide framework for social emotional learning, one that is trauma-informed, culturally sustaining, and developmentally appropriate. In response, OSPI, in collaboration with ESD 112, has developed a crosswalk document showing the alignment between these new Early Elementary SEL standards, and the relevant developmental areas of the existing DCYF Washington State Early Learning and Development Guidelines that span the P-3 developmental continuum from infants through the end of third grade, Teaching Strategies GOLD, and the formative assessment system used in WaKIDS. Join us for some hands-on exploration of how to use the new Social Emotional Learning Pathways Tool to support this important skill-building for school and for life.

Option B – one 120-minute workshop

10:30am–12:30pm | PAUSE for Presence: The Art of Healing-Centered Social Change

Dr. Bre

In these unprecedented times when all of us are experiencing varying degrees of trauma, stress and uncertainty, art has the power to heal and transform trauma into beautiful expressions of well-being and self-sovereignty. This session is designed to serve those who serve by providing art practitioners and early learning educators a moment of presence, to reflect on personal healing, individual well-being and community wellness, while learning to create from the most authentic parts of themselves. In this interactive, experiential and deeply introspective workshop, participants will learn how our healing is our justice.

12:30-12:50pm | Art Break with TAT Lab

TAT Lab alumni **Marion Reader** will guide participants through a **movement activity**.
Materials needed: *None! Just comfortable clothing and some space to move around.*

12:50-1:00pm | Day 1 Closing & Appreciations

Following the closing, the **Playground** will stay open 15 minutes for networking.

AUGUST 4, 2021

8:45am | Playground

The playground will open early so you can get yourself set up.

9:00-10:10am | Welcome & Keynote

Alexis Sarah, *Arts in Early Learning Project Manager, ArtsWA*

Chris Reykdal, *Superintendent of Public Instruction, OSPI*

Keynote with Dr. Adeyemi Stemberge

We are all beings becoming, students and teachers alike. Our identities are neither pre-determined nor static in development. Rather, identity is a function of the ever-evolving I & Me. Teachers are most likely to prepare students for full and empowered participation in both schools and society through culturally responsive instruction that facilitates students' deep understandings by drawing on their lived experiences while providing opportunities for students to extend their thinking beyond mere recall and reproduction. In turn, teachers gain valuable insights into students' identities—insights which can be further leveraged to support rigor and engagement.

10:10-10:30am | Art Break with TAT Lab

TAT Lab faculty **Lauren Appel** will guide participants through a **visual arts activity**.

Materials needed: *Paper, a pen or pencil, a way to add color (i.e. colored pencils, pens, watercolor paints, markers, crayons).* Optional: *a black pen or sharpie, a ruler.*

10:30am-12:30pm BREAKOUT SESSIONS:

Option A – *two back-to-back 60-minute workshops*

10:30-11:30am | Community of Movers

Valerie Branch, *Wolf Trap Master Teaching Artist, Wolf Trap*

In this workshop, participants will explore the elements of dance and specific movement strategies that will empower educators to use and facilitate movement-led teaching and learning. Participants will learn how dance fosters classroom community development and engagement by setting classroom expectations and creating a fun learning environment while connecting to core curriculum.

10:30am-12:30pm | Amplifying our Power Through Hands-On Making

Lauren Appel, *Teaching Artist, TAT Lab Faculty*

Each of us - and each of our students - has unique strengths we bring to our learning communities! Through this hands-on activity we will explore, reflect on, and amplify our own personal strengths - and our collective power. We'll engage in a series of interactive activities and will use our body, voice, and imagination to look, think, reflect, and create using simple art supplies and recyclable materials found in our homes or learning spaces.

Materials: Paper, drawing and coloring tools, glue stick or tape, scissors, recyclables of thin cardboard such as toilet paper tube, cereal box, paper grocery bag, etc. Optional: other materials as inspired!

Option B – one 120-minute workshop

10:30am–12:30pm | What Do I Want Students to Feel?: The Art and Science of Leveraging Emotion in Culturally Responsive Learning Experiences

Dr. Adeyemi Stenbridge

Emotion is traditionally seen as a by-product of engaging instruction, but affective engagement is central to the design and the actual mechanisms necessary for students' learning. It is neurobiologically impossible to think about things deeply or to remember things about which one has no emotion. Emotion is the critical bridge between instructional planning and classroom teaching that closes Equity gaps. The goal of culturally responsive instruction is to present all students with fair and meaningful opportunities to learn which draw on their cultural fluencies and identities thus allowing students to demonstrate their competence in authentic ways. This session will explore the intersections of instructional design and neurocognitive concepts of emotion under the banner of Culturally Responsive Education.

12:30-12:50pm | Art Break with TAT Lab

TAT Lab alumni **Sumayyah Diop** will guide participants through an **African Diaspora dance and music activity**.

Materials needed: *None!*

12:50-1:00pm | Day 2 Closing & Appreciations

Following the closing, the **Playground** will stay open 15 minutes for networking.

AUGUST 5, 2021

8:45am | Playground

The playground will open early so you can get yourself set up.

9:00-9:10am | Welcome

Alexis Sarah, *Arts in Early Learning Project Manager, ArtsWA*

Senator Lisa Wellman, *Washington State Legislative District 41, Chair of the Early Learning & K-12 Education Committee*

9:10-10:10am BREAKOUT SESSIONS:

Option A – one 60-minute workshop

9:10–10:10am | **Compromiso Familiar y Capacidad de Respuesta Cultural (Family Engagement & Cultural Responsiveness)**

Celeste Galvan, *Migrant Student Advocate & Recruiter, Selah School District*

**Note: this workshop will be conducted in Spanish and will have an English interpreter.*

Compartiremos cómo utilizamos el arte y la asociación de padres para construir una cultura de inclusión dentro de nuestro distrito y con la ayuda del PAC Migrante/EL. Consejos para promover el compromiso y la participación de la familia y liderar discusiones positivas. El PAC se asoció con el distrito para implementar una serie de noches de arte y cultura realizadas a través de zoom que celebra y honra la herencia cultural, con la infusión de arte y lectura.

We will highlight how we utilized improvement in Art and parent partnership to build a culture of inclusion within our district and with our Migrant/EL PAC. Tips on furthering family engagement, participation, and leading positive discussions. The PAC partnered with the district to implement a series of Art and culture nights held via zoom that celebrates and honors cultural heritage, with the infusion of art, and literacy.

Option B– one 60-minute workshop

9:10–10:10am | **Beat of a Different Drum**

Valerie Bayne Carroll, *Wolf Trap Master Teaching Artist, Wolf Trap*

In this workshop, teachers will learn performing arts strategies targeted toward enhancing the development of social-emotional skills in children with special needs. Art strategies such as call-and-response singing, creative movement with steady beat, guided dramatic play, and the exploration of books through music are effective with children with multiple learning styles, and inspire enthusiastic interaction. In addition, children can explore life skills such as listening and turn-taking, and how to be independent while also forming part of a group.

10:10-10:30am | **Art Break with TAT Lab**

TAT Lab alumni **Adriana Wright** will guide participants through a **movement activity**.

Materials needed: *None!*

10:30-11:30am BREAKOUT SESSIONS:

Option C– one 60-minute workshop

10:30– 11:30am | Finding Hope: P-3 and Art Pathways

Megan LaPalm, *Elementary Counselor Contact, OSPI*

Children and families' first experiences with school are filled with feelings of hopefulness. Hope is both a feeling and a cognitive skill that we can teach and foster. Learn more about the science of hope and how we can build on this hopeful time in life to help children and families find their hope and live their best lives.

Option D– one 60-minute workshop

10:30– 11:30am | Arts Integration in STEM

Josie Komorowski, *Early Learning Coordinator (P-3), NCESD*

Kate Lindholm, *STEM Education Specialist/Coordinator, NCESD*

Arts Integration in STEM will provide participants with tools and strategies for integrating different art modalities (creative movement, drama, music, poetry, storytelling, and visual arts) to increase engagement, meaning-making, and relevance of STEM instruction. Participants will explore the connections of arts integration, Universal Design for Learning (UDL) and Social Emotional Learning (SEL). Participants will identify action steps for applying new learning about arts integration within their own instructional settings.

11:30-11:50am | Art Break with TAT Lab

TAT Lab alumni **Maddie Napel** will guide participants through a **sensory theater activity**.

Materials needed: *None!*

11:50am-12:50pm | Closing Keynote with Dr. Bre

The Blissipline of Wellbeing

Everything that begins in truth ...ends in love. The truth? Educators work hard to nurture the whole child. The love? We must also nurture the whole EDUCATOR! Join us as Dr. Bre shares how educators' can cultivate well-being by building a personal and professional Blissipline through small, manageable actions, practiced over time, to help students feel free, fueled and inspired to bring their truest and best selves to the learning settings – each day. This talk intends to foster moments of insight for educators and teaching artists, so they can break past barriers and self-limiting stories, step into their own greatness, and show up fully, authentically – in all areas of their lives.

12:50-1:00pm | Final Closing & Appreciations

Following the closing, the **Playground** will stay open 15 minutes for networking.

CONFERENCE PRESENTERS



Dr. Adeyemi Stenbridge

Educational consultant and Author

Adeyemi Stenbridge, PhD is an educational consultant with a particular interest in the design of culturally responsive learning experiences to close opportunity gaps and improve systems for equitable outcomes. He has been a technical-assistance provider in applied research centers at New York University, Teachers College (Columbia University) and American University in Washington, DC. He has taught in K-12 schools and also at the university level. He is the author of the book, *Culturally Responsive Education in the Classroom: An Equity Framework for Pedagogy* (Routledge, 2020).



Dr. Bre

Equity Executive | Evolution Coach | Author & Speaker

Dr. Bre Haizlip is an award-winning speaker, professor, licensed therapist, equity consultant and coach. She is a soulful practitioner and transformative healer known to meditate to trap beats. She's spent over 15 years studying the science of trauma and over 15,000 hours teaching the art of healing. Combining the science of psychology and the art of ancient wisdom, her approach centers individual well-being as a catalyst for positive social change. She believes our healing is our justice. And healing is not a right—it's a responsibility.



Celeste Galvan

Migrant Student Advocate & Recruiter, Selah School District

I was born in Yakima; raised in Michoacan, Mexico. Being migrants we valued education and sought the best for our family. I've worked in various areas, from the field to cleaning offices. In the last fifteen years, I have become more involved in the school. I've learned you never stop learning, I am proud of my Mexican roots and ready to continue studying! I currently serve as Selah School District's Migrant Student Advocate and Recruiter and have built strong relationships with the Migrant and EL Community.

Nací en Yakima; crecí en Michoacán, México. Soy de una familia migrante que valora la educación y busca lo mejor para nuestra familia. He trabajado en diversas áreas, desde el campo hasta la limpieza de oficinas. En los últimos quince años, me he involucrado más en la escuela. Aprendí que nunca dejas de aprender, ¡estoy orgulloso de mis raíces mexicanas y lista para seguir estudiando! Actualmente me desempeño como ayudante y reclutadora de Estudiantes para el programa Migrante del Distrito Escolar de Selah y he construido relaciones sólidas con la Comunidad de Estudiantes Migrantes y EL.



Grace Washington

Program Manager, Arts Impact

Grace Washington, painter and teaching artist, began with Arts Impact in 2015 as an artist mentor, then in 2020 a Program Manager for Voices from the Field and Creative Impact. As a Atelierista at a Reggio inspired preschool, Grace worked with children and teachers in integrating the arts into learning. In 2017, Grace collaborated with 397 Northeast Tacoma elementary students on a diversity project "Together We Rise". An alumnus of Washington State Teaching Artist Training Lab, Grace has a degree in Child and Family Development.



Jesi Sucku

Child Care Aware Specialist / Early Learning Trainer, ESD 112

Jesi has a bachelor's degree in Early Childhood Education and Social Justice and a Master's in Early Childhood and Inclusive Education. She was an early educator and music teacher before moving to the Pacific Northwest in 2015, teaching in a Reggio-inspired school before becoming a training specialist for early childhood educators with ESD 112. She has a passion for advocacy and social justice, play-based learning and social-emotional learning. She lives with her husband Matt, daughter Norah and dogs Archer and Molly in Washington state..



Josie Komorowski

Early Learning Coordinator (P-3), NCESD

Josie is the Early Learning Coordinator (P-3) at the North Central Educational Service District. Growing up in a family of artists--musicians, visual artists, and writers--the arts are close to her heart. She is passionate about the ability of arts integration to bring inclusionary practices and social-emotional learning initiatives together on a connected path leading towards improved quality of life, amplified celebrations of diversity, and greater success in school and beyond for our youngest learners, their families, and communities.



Kate Lindholm

STEM Education Specialist/Coordinator, NCESD

Kate has been in education for 29 years. She has taught 2nd - 6th grades for 15 years, moving schools and grades often, always looking for a new challenge. She never saw herself as one to offer Professional Development or teach teachers, but her love of science pushed her in that direction. After 25 years in the same school district, Kate moved to an organization (NCESD) that serves 28 school districts, offering STEM support to schools all around her area of Central Washington State.



Lauren Appel

Teaching Artist Faculty, Teaching Artist Training Lab (TAT Lab)

Lauren has worked at many educational and cultural institutions in Washington and New York including a recent role as an Elementary Art/MakerSpace Specialist with Seattle Public Schools, and past work with Arts Corps, Hilltop Artists, Seattle Children's Theatre, Youth Theatre Northwest, Rubin Museum of Art, Henry Street Settlement's Abrons Arts Center, and the Solomon R. Guggenheim Museum. Lauren holds a BA in theatre from Smith College and a MEd in Museum Education from Bank Street College of Education.



Megan LaPalm

Elementary Counselor Contact, OSPI

Megan LaPalm supports elementary school counseling at OSPI. She has worked as an elementary school counselor, a university academic advisor for elementary and early childhood teacher preparation programs, and has managed federal grants for school mental health systems and school climate. This year, hope has become a core theme of Megan's work, connecting the dots between the science of hope, school counseling, social-emotional learning, pedagogy, and career and college readiness.



Valerie Branch

Wolf Trap Master Teaching Artist, Wolf Trap

Valerie Branch became a Wolf Trap artist in 2014 and provides residencies in early childhood classrooms. She has experience touring as a performing and teaching artist both nationally and internationally. Valerie graduated magna cum laude from the University of Maryland College Park with a Bachelor's Degree in Dance. She is the founder and artistic director of VB Dance Ensemble, a professional contemporary company focused on bringing social and cultural awareness and change through the power of dance.



Valerie Bayne Carroll

Wolf Trap Master Teaching Artist, Wolf Trap

Valerie Bayne Carroll has been with Wolf Trap Institute for Early Learning Through the Arts since 1983. As a Master Teaching Artist, Valerie leads teacher professional development workshops in music and drama around the country. She has a Bachelor of Fine Arts in theater from Boston University, School for the Arts. Valerie has also presented workshops for the Kennedy Center and InterAct Story Theatre and taught classes for Imagination Stage, Round House Theatre, The Sitar Center and the arts-based Lucy School.