

Inside & Outside

Learning through Drawing

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Topic: **Inside & Outside**

Art Focus: **Drawing**

Age Range: **3-5**

- **Mini-Lesson Description:**

In this mini-lesson caregiver and youth will imagine some favorite objects and draw them inside a special bowl.

- **Key Concepts:**

Inside; Outside; Self-Soothing; Things that Calm us Down; Oval; Curve; Show and Tell.

- **Materials Needed/Prep:**

- Colored pencils or markers.
- Blank paper of any kind and size.
- Some of your favorite objects (stuffed animals, toys, blankets, pillows, rocks....).

- **Step-by-Step (for the caretaker):**

1. Collect some of your favorite objects to share.
2. Help child/children draw an empty bowl shape that takes up most of a piece of paper. Show them how you draw yours (Draw an **oval**, then a **curve**—share 'shape' and 'line' words in any language you share).
3. Show 2 or 3 of your favorite objects and tell about why you love them.
4. Have child/children collect 2-3 of their favorite objects and tell about why they love them- taking turns.
5. Work with them (show how you do it) to draw/sketch their special things inside a special bowl. They can add color, words as they please. Have them say the word "**inside**" as they sketch. Give positive feedback.
6. Decorate the outside of the bowls with colored pencils or markers (polka-dots, stripes, color, pattern). Have them say the word "**outside**" as they decorate. Give positive feedback.
7. Hang bowl drawing somewhere special where they can see their favorite objects.

- **Variations and Next Steps:**

- Adult can draw the bowl first—then have children draw objects inside.
- Next step—research how to make a special papier mâché bowl for favorite objects and try it on a day when you have time for a 2-hour project and some extra time for cleanup.